Ed-Co Newsletter March 2023





FFA Subdistrict results

February 21st @ Elkader Ava Kerns, Ag Sales-Gold Marin Gaul, Public Speaking- Silver Olivia Highland-Balk, Extemporaneous Speaking-Silver

Jake Schilling, Job Interview- Silver Sam Wessel, Greenhand Quiz- Silver Kara Knipper, Greenhand Quiz- Bronze Abby Bockenstedt, Greenhand Quiz- Bronze Miley Walz, Greenhand Quiz- Bronze

State Group Speech Results

Saturday, Feb. 4th @ Waterloo



Ensemble acting "Slow Songs Make Me Puke"-Rating I Brianna VanGroll, Ellie Bockenstedt, Lauren Kirby, Megan Pierchbacher



Ed-Co wrestling finishes season on strong note

Comments from Coach Rob Andersen: As the Viking wrestlers prepared for the post -season, they had one goal in

mind, State!!! Going into the Tri-Rivers conference tournament, there was only 2 of the 3 wrestlers available as Dawson Bergan was still healing up from an elbow injury received before Christmas. Marcus Gaul and Peyton Gaul did a great job representing Ed-Co with Peyton being crowned 126lb Champ and Marcus was 106lb Runner-up. Next up for the Viking grapplers was the 1A District tournament, with only the top 2 place finishers moving on to the State meet. Ed-Co had a stellar day having all 3 wrestlers making the finals. Dawson Bergan finished as District Champ and Peyton and Marcus both finished 2nd. This was the 1st time in 33 years the Ed-Co qualified 3 or more wrestlers in same year to the State Tournament.

At State, things didn't go as well as we would have liked, but we achieved our goals. Marcus and Peyton both went 0-2 and Dawson Went 1-2, just missing medal round by 1 match. "I can't say enough how proud I am of all 3 of these boys, they beat on each other every day without complaint and pushed each other to be the best they could be." We need to see more kids out next year and keep building and taking Ed-Co wrestling to the next level.

Conference Individual Speech Results

Monday, Feb. 20th @ Calamus Wheatland Lvdia Hemann: Prose, Rating I Brianna VanGroll: After Dinner Speaking, Rating I: Acting, Rating I Ava Kerns: Expository Address, Rating I: Original Oratory, Rating I Cece Dolan: Storytelling, Rating I: Solo Musical Theater, Rating I Emma Saddoris: After Dinner Speaking Rating II Lynn Uhlenkamp: Storytelling, Rating 1 Abbie Schilling: Prose, Rating II: Solo Musical Theater, Rating II Aly Meyer: Solo Musical Theater, Rating 1 Amanda Nurre: After Dinner Speaking, Rating I Ella Beyer: Improv, Rating I: Acting, Rating I Annabelle Wulfekuhle: Original Oratory, Rating I

District Individual Speech Results

Saturday, February 25th @ Decorah We have 5 students moving on to State, which will be held on March 11 at Starmont.

Brainna VanGroll-Acting, Rating I, Advanced to State: After Dinner Speaking, Rating I, Advanced to State

Olivia Balk-After Dinner Speaking, Rating II: Solo Musical Theater, Rating I, Advanced to State **Lynn Uhlenkamp**- Storytelling, Rating II: Solo

Musical Theater Rating II

Cece Dolan-Solo Musical Theater, Rating II, Storytelling, Rating I, Advanced to State

Megan Pierschbacher-Expository Address, Rating II: Acting I, Advanced to State

Lydia Hemann-Prose, Rating I, advanced to State **Ava Kerns**-Expository Address, Rating II: Original Oratory, Rating II

Emma Saddoris-After Dinner Speaking, Rating II



High School News



<u>News from Mrs. Lange</u>

Semester One in JH Math & Algebra I It's hard to believe that the first half of the year is over, and we are in semester two already. The 7th graders, 8th graders, and

Algebra I students have been working diligently to advance their knowledge on the topics we have been learning. For the 7th graders those topics include: working with negative numbers, solving equations for the first time, solving inequalities, rates, ratios, and proportions. The 8th graders have been studying how to work with functions, graph linear equations, and solving systems of equations, all while also advancing on topics they learned last year. In Algebra I, we are repeating some of the curriculum learned in 8th grade, but taking it to the next level. They too are learning about functions, but now know function notation and domain & range. They also revisited linear functions, but learned two new forms of linear equations and direct variation. They are also solving systems of equations, but the equations are more complex. We are hoping to finish the year as strongly as we started it.



<u>News from Mrs. Meyer</u> Art News:

The second semester marks a new group of students in the art room. 2D Art students are working on developing their

drawing and shading skills with a segmented object drawing project. Look for these to be on display in the commons once completed and shared on Facebook. Graphic Arts I and II students are learning how to use Photoshop and Illustrator with book lessons, but are also going to be coming up with designs for the Spring Play poster. We will focus on the elements of art and principles of design upon completing these posters. Their ideas will be on display in the lower hall outside the art room. Arts & Ideas students are creating pieces of art that send a message about mental health and self image. Due to the nature of the project, these may not be shared just because they are more personal. However, other projects throughout the semester will be shared in the commons and on Facebook. I have a few students that join me for independent art from Mrs. Ostwinkle's room. We've been working on creating illustrations for things they write in Mrs. Ostwinkle's room. It's been fun helping them come up with some ideas.

8th Grade Computer:

The 8th graders started computer class at the start of 3rd quarter. They are currently working on the design process. This process has to do with developing apps for particular users based on their needs. We've been doing some lessons to help them understand how to put themselves in the user's shoes. They will be put into groups of four to complete a final app. Each group member will have a certain job within the group. Once the apps are created through prototypes and on the computer, they will present their apps. The other unit we will be working with this quarter is a new one that I've never taught. It has to do with circuit boards and using code to make the circuit boards do something. The 8th graders are also working on improving their typing scores through daily practice requirements of 15 minutes a school day. They are encouraged to get 75 minutes a week, but 60 minutes is the goal to meet.

Yearbook News:

I currently have six students this semester working on creating the 2022-2023 yearbook. We are currently working on practicing our writing skills so they know how to complete well written captions and stories that capture the event. Afterwards, we will dive into finishing up spread designs, taking and selecting photos to be in the book, and writing captions and stories. I look forward to seeing the great ideas they come up with!

Yearbook Dates: Senior Ads are Due Friday, March 10th (They include a copy of the yearbook) Yearbook Orders are due Friday, May 12th this year. (We have to submit a final count on May 15th. Limited Extras will be purchased)



<u>Music News from</u> <u>Mrs. Pierschbacher &</u> <u>Mr. Calderwood</u>



Upcoming Music Dates:

- March 2, Dessert Concert (9th 12th HS Band/Choir) - 7:00 p.m. @ Edgewood Event Center
- March 9, JH Band & Choir Concert 7:00 p.m.
 @ Edgewood
- March 17, Spring Play, "The Cow Tippers" -7:30 p.m. @ Edgewood Gym
- March 18, Spring Play, "The Cow Tippers" -7:30 p.m. @ Edgewood Gym
- March 19, Spring Play, "The Cow Tippers" -2:00 p.m. @ Edgewood Gym

Annual Notice of Non-Discrimination Policy

The Edgewood-Colesburg School District offers career and technical programs in the following service areas: Program offerings and areas of study are defined as the six service areas:

- Agricultural, Food, and Natural Resources
- Business, Finance, Marketing, and Management
- Health Science
- Human Services

It is the policy of the Edgewood-Colesburg Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Karla Trenkamp, District Equity Coordinator, Ed-Co Elementary, 409 East Street, Colesburg, IA, (563)856-2415, <u>ktrenkamp@edge-cole.k12.ia.us</u>

Student of the Week



Bryant Snyder - Feb. 6-12 Addy Kirby, *Ed-Co Echoes*

This week's Student of the Week is senior Brandt Snyder. He is in Mrs. Thier's

geometry class. Mrs. Thier selected Brandt because "he is working hard to maintain his grade in Geometry. He is putting in the extra time to understand the concepts in class." Keep up the good work!



Jaxson Uhlenkamp- Feb. 13-19 Maya Keck, *Ed-Co Echoes*

The Student of the Week is Jaxon Uhlenkamp. Mr. Hanna has him in 8th

Grade U.S. History. Mr. Hanna chooses Jaxon because he has been a good leader in class and loves to participate and answer questions. Jaxon was a great leader in the 8th-grade House-Senate debate activity and helped his classmates be successful. Congratulations, Jaxon!



Jaiden Rieck-Feb. 20-26

Mrs. Ostwinkle selected Jaiden Rieck, a sophomore, as Student of the Week. Mrs. Ostwinkle said, "He is always willing to help, even without being asked." She also

noted that Jaiden has a great sense of humor and keeps everyone smiling, and he is without a doubt a favorite among his classmates. Congratulations, Jaiden!



Conner Kirby-Feb. 27-March 5 Lynn Uhlenkamp, *Ed-Co Echoes*

This week for Student of the Week, Ms. Wall chose a junior, Conner Kirby. Ms. Wall has Conner in her Speech and

English 11 classes. Ms. Wall says, "I chose him (Conner) because he has been extremely helpful and comes in before class. He also has been super engaged and helpful in class discussions in English. He has been working hard in English this semester and asking for help when it is needed and has been willing to share his thoughts and ideas with peers." Great job, Conner!

2023-2024 Preschool Registration



Dates of Attendance:

Monday - Thursday 8:30 AM - 3:20 PM Mornings are free under the SWVPP Grant. Tuition covers the afternoons. **Current Tuition Fee:** \$190.00 • Paid Monthly • Rates subject to change next school year

Contact School secretary, Michele Errthum merrthum@edee-cole.k12.ia.us if you

would like to add your child to the list.

Please send your child's full name, birthdate, parent's name(s), address, and phone number.

Preschool Registration is March 23, 2023 at Colesburg Elem. Time: Families with last name starting

with: A – L is from 5:30 - 6:15 PM M - Z is from 6:30 - 7:15 PM



Edgewood-Colesburg Elementary Colesburg, IA 52053 Ph: 563-856-2415 Mailing address: P D Box 316 Edgewood, IA 52042

Elementary Book Fair



Fair Dates: March 13th-16th, 2023

Where: Elementary Library during Parent Teacher Conferences

Get ready! This year's Book Fair is going to be epic! We've turned up the volume with more fun, more choices, and more excitement—so kids will arrive curious and leave bolder, prouder, and stronger than ever before. Here's what you need to know about our upcoming Fair:

- Every dollar you spend will benefit our school directly
- You can sign up for Book Fair eWallet—a convenient digital payment account, so your child can shop the Fair cash-free. Grandparents, friends, and others can contribute to the eWallet to help build your home library.

<u>Elementary News</u>

<u>News from Mrs. Anderegg</u>



Well, we are more than half way through this school year (finally)! The special education world at the elementary has been busy catching up on progress

monitoring testing after Christmas break. Because winter testing is over, special education teachers are looking closer at student data to see how much progress they've made and whether changes need to be made or not in an IEP (individual education plan) or if instructional changes need to be made.

For students who have an IEP that participate in Iowa Assessments such as FAST, special education teachers track their progress on a graph. Usually, if there are four or more data points at or above the aim line (a line on their graph showing where we want the student to be toward his or her progress), the IEP goal could be changed or the student could be exited from their IEP. If progress monitoring shows the student is below the aim line for more than 4 data points, changes need to be made either to their IEP, or in what the special education teacher is instructing.

Needless to say, the teachers and students have all been working very hard all year long. My favorite part of teaching is seeing student growth, and I have seen a lot this year! I look forward to seeing what strides my students have made come spring.

4th grade field trip

On Friday, January 27th, the 4th grade students attended their annual Hatchet Survival Day at Osborne! The weather was cold but a great time was still had.









N<u>ews from Mrs. Trenkamp</u> Importance of a Healthy Breakfast

It can be tough to get kids fueled up in time for school, childcare, or a day of

play. But a good breakfast is important. Here's how to make a healthy breakfast part of your morning routine.

Why Bother With Breakfast?

Breakfast is a great way to give the body the refueling it needs. Kids who eat breakfast tend to eat healthier overall and are more likely to be physically active — two great ways to help maintain a healthy weight. Skipping breakfast can make kids feel tired, restless, or irritable. In the morning, their bodies need to refuel for the day ahead. Their mood and energy can drop by midmorning if they don't eat something for breakfast. Breakfast may help keep kids' weight in check. Breakfast kick-starts the body's metabolism, the process by which the body converts the fuel in food to energy. And when the metabolism gets moving, the body starts burning calories. And some studies suggest that bodies burn calories better in the morning than late at night. People who skip breakfast are more likely to be overweight because they may:

- Snack more often throughout the day.
- Overeat at later meals.
- Eat late at night.

Breakfast Brain Power

It's important for kids to have breakfast every day, but what they eat in the morning is important too. To boost nutrition, choose breakfast foods that are rich in whole grains, fruits or vegetables, and protein while low in added sugar. Eating breakfast:

- helps kids get more important nutrients
- can help kids do better in school
- improves memory and attention, which kids need to learn

Breakfast eaters get better grades and score higher on standardized tests. And kids who participate in school lunch programs have fewer absences from school.

Making Breakfast Happen

It can be hard to make a healthy breakfast happen when you're rushing to get yourself and the kids ready in the morning. These practical suggestions can help:

• Stock your kitchen with healthy breakfast options.

- Prepare as much as you can the night before (gets dishes and utensils ready, cut up fruit, etc.).
- Get everyone up 10 minutes earlier.
- Let kids help plan and prepare breakfast.
- Have grab-and-go alternatives (fresh fruit; individual boxes or baggies of whole-grain, low-sugar cereal; yogurt or smoothies; trail mix) on days when there is little or no time.

Fresh fruit, cereal, nuts, or half a peanut butter and banana sandwich are nutritious, easy to make, and easy for kids to take along. What not to serve for breakfast is important too. Sure, toaster pastries and some breakfast bars are portable, easy, and appealing to kids. But many have no more nutritional value than a candy bar and are high in sugar and calories.

Breakfast Ideas to Try

The morning meal doesn't have to be all about traditional breakfast items. You can mix it up to include different foods and still provide the nutrients and energy kids need for the day. Serve a balanced breakfast that includes whole grains, protein, and fruit or vegetables. You could try:

- whole-grain cereal with low-fat milk topped with fruit or nuts
- whole-grain waffles topped with peanut butter or ricotta cheese and fruit
- whole-wheat pita stuffed with sliced hardcooked eggs and fresh spinach leaves
- oatmeal topped with nuts and fruit and sprinkled with cinnamon
- half a whole-grain bagel topped with peanut butter and fresh fruit (banana or apple wedges)
- breakfast smoothie (low-fat milk or yogurt, fruit, and wheat germ or bran whirled in a blender)
- vegetable omelet with whole-wheat toast
- sliced cucumbers and hummus in a whole-wheat pita
- lean turkey and tomato on a toasted English muffin
- heated leftover rice with chopped apples, nuts, and cinnamon
- shredded cheese on a whole-wheat tortilla, folded in half and microwaved for 20 seconds and topped with salsa

And don't forget how important your good example is. Let your kids see you making time to enjoy breakfast every day.

Elementary participate in Global School Play Day



Ed-Co Elementary students participated in Global School Play Day on Wednesday, Feb. 1, 2023. We want to empower our students to use their imaginations as they spend the

day engaging in play. Unstructured play helps students to develop creativity, passion,

communication, collaboration, and a wide variety of other important skills. You can learn more about the benefits of unstructured play by visiting the official GSPD website: <u>hwww.globalschoolplayday.com</u>.

Global School Play Day is observed annually every first Wednesday in February and this year it will be held on February 1. This holiday promotes the importance of unstructured, regular play for children. The campaign was started by a group of



six educators in 2015. They realized that playtime for children was decreasing both at home and in school, leading to negative consequences for the children's development. They immediately took action and initiated Global School Play Day, with over 65,000 children participating in its very first year.



N<u>ews from Mrs. Brady</u> <u>& Ms. Brehm</u>

We have been having a lot of fun and learning a lot in third grade!



In math, we learned strategies to help us understand multiplication and division. The students can practice these facts at home so they can remember them when learning about dividing larger numbers in fourth grade. We have just started learning about fractions. To make connections to home, you can have your student count how many pieces your pan of brownies are cut into! Your student can also find fractions in your recipes and measuring utensils.

In science, we finished our Structures of Life FOSS kit. We learned about crayfish, the human skeleton, owl pellets, and animal adaptations. We are starting our health unit in March. We will learn about MyPlate and reading nutrition labels. In reading, we have learned about persuasive letters and the strategy of distinguishing fact and opinion. Some of our fun books from this unit were <u>I</u> <u>Wanna Iguana, I Wanna New Room</u>, and <u>Dear Mr.</u> <u>Blueberry</u>. We had fun practicing a reader's theater about nutrition.

In social studies, we have been working on our government unit. We began with a quick review of the three branches of government, and then we started learning about presidents. Each student has been researching a president and completing a poster to show the other students.

We are looking forward to cheering for the March Madness game, Dr. Seuss week, and other fun activities in March at our school!

Viking of the Week



Haley King- Feb. 6-12 Maya Keck, *Ed-Co Echoes*

The Viking of the Week is Haley King. Haley is a 4th grader in Mr. Beatty's class. Her family is mom, Angie; her dad, Patrick; and her sister, Nora. She has two pets, a dog named Velvet, and a cat named Prince Bentley. Haley enjoys taekwondo in Edgewood and golfing when the weather is nice. Her favorite thing about school is reading because she gets to see Mrs. Wieneke and it keeps her brain thinking. She felt happy when she found out that she was Viking of the Week. It was her first time and she is trying hard in school. She helps others by giving them reminders when they need them. She uses her kind/nice voice. Congratulations, Haley!



Paul Ventiecher- Feb. 13-19 Mika McCool, *Ed-Co Echoes*

Paul Venteicher is a Preschooler who was picked by Mrs. Askeland for Viking of the Week. Paul's family includes his mom,

dad, sisters Hattie and Clara, and their dogs Jerry and Toby. His hobbies are playing with Lincoln Logs and the racecar track. His favorite thing about school is playing with blocks. At school, Paul helps clean up during clean up time. When Paul found out he was chosen, he felt very good! Congrats Paul!



Jenna Hamann-Feb. 20-26 Kaydence Uhlenkamp, *Ed-Co Echoes*

This week's Viking of the week, who was picked by Mrs. Mather, is sixth grader

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Jenna Hamman. Jenna's family includes her mom, Shanna, her dad, Aaron, and her brother, Dakota. In her free time, Jenna enjoys drawing in her sketchbook, going outside, and playing on her Nintendo Switch. In school, Jenna enjoys Art class because she loves to do art related activities. "Well, when I saw the sheet on the desk, I felt good about it!" she exclaimed after finding out she was chosen for Viking of the Week. At school, Jenna encourages others to have fun and to be positive. Nice job, Jenna!



Kian Wulfehuhle-Feb. 27-March 5 Mika McCool, *Ed-Co Echoes*

Kian Wulfekuhle is a kindergartener that was picked by Mrs. Streicher for Viking of the Week. Kian's family includes his mom

Brittany, dad Tom, sisters Eden and Mila, and brother Kroy. His hobbies are going outside with his dad to do chores, doing crafts with his mom, and reading with Eden. His favorite class is art because Kian loves crafts. At school, Kian fills up other kids' buckets and helps them when they need it. When Kian found out he was chosen, he felt happy! Congrats, Kian!

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District News News from Superintendent Busch

Architects to Share Plans on March 6th

Josh Demmer from Metrics Architecture and Nick Hildebrandt from Emergent & Novak Design Group will share the draft of plans for the building improvements on **Monday, March 6th at 6PM in the music room at the junior/senior high in Edgewood**. Our bond referendum was to remodel, repair, improve, and equip the Elementary School facility, including HVAC improvements; to build, furnish, and equip additions to the Junior/Senior High School facility, including a new gym and new space for career and technical education, with related remodeling and improvements, safety and security upgrades, and site improvements, including relocation of the main entrance and drop-off and pick-up areas.

So far, the best news is the bid for the elementary HVAC (heating and cooling) part of the bond project came in at 1.7 million from Bowkers. During the early bond referendum phase, the was estimated to be 2.2 million dollars. In the last few months, estimates ballooned to 3 million. Work at the elementary is scheduled to begin this summer depending on the availability of supplies and materials.

The timeline for the secondary building improvements is a bit trickier. Currently, information is being gathered so we can request bids for the demolition of the bus barn and house next to the bus barn. The plans are scheduled to be completed in the next couple of months and then put out for bid. Due to the time requirements, this will push the start date into the fall months. Completion of the project is expected during the 2024-25 school year.

As always, please become involved with the educational opportunities for our young people and assist us in making Edgewood-Colesburg the best school in the State of Iowa. Thank you for taking the time to read these articles as we proceed through a very exciting 2022-2023 school year. If you have ideas for improvement or areas of concern, please contact me by phone at 928-6411 or e-mail at rbusch@edge-cole.k12.ia.us . Your Partner in Education, Rob Busch

COURTESY AT EXTRA-CURRICULAR EVENTS

We are looking forward to excellent extra-curricular events at Edgewood-Colesburg. We share the responsibility for appropriate behavior at the activities. For the safety of all spectators and support of the participants, the following are Ed-Co's expectations.

- 1. Be respectful and quiet during the national anthem. Hold your right hand over your heart.
- 2. Watch the game.
- 3. Visit with your friends.
- 4. Demonstrate good sportsmanship, be respectful and courteous to others; Support the teams, cheer and clap.
- 5. Be a positive credit to your family, school and community.
- 6. Leave your seat only between quarters, at half time and between games.

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March 2023 Calendar of Events

*Events are subject to change. For the most up to date information go to www.edge-cole.k12.ia.us

March 2

7:00pm- 9th -12th Dessert Concert/Band & Choir @ Edgewood Event Center

March 3

2:00pm-6th grade/Staff BB game @ Elementary Gvm

March 9-End 3rd Qtr.

7:00pm-7th-8th grade Vocal/Instrumental Concert @ Edgewood Gym

Eagewood March 10

No School-Teacher Learning

March 11

FFA-District Convention @ Beckman State Individual Speech @ Starmont

March 14

1:00pm-6:00pm FBLA Blood Drive @ Edgewood Gym 1:30pm-Early Dismissal

3:45pm - 7:45pm-P/T Conferences K-12

March 16

1:30pm-Early Dismissal

3:45pm - 7:45pm-P/T Conferences K-12

6:00pm-Freshman Orientation @ HS Library

March 17-No School

7:30pm-Spring Play-"The Cow Tippers"@ Edgewood Gym

March 18

7:30pm- Spring Play-"The Cow Tippers"@ Edgewood Gym

March 19

2:00pm-Spring Play-"The Cow Tippers"@ Edgewood Gym



Be a School Hero...Drive a School Bus

SCHOOL BUS DRIVERS: You are sometimes the first smiling adult a child sees each morning 5 the last before they get home. You always brave the weather to get our kids safely where they need to be, while being a shining example as you do to.

- Holiday Pay, IPERS, paid sick leave & bereavement
- Paid training
- Must be able to obtain a Commercial Driver's License permit



• Full time Route (AM/PM) position and sub driver positions available



Application is available online at www.edge-cole.k12.ia.us Or picked up at the District Office, 403 West Union St. Edgewood or Elementary Office, 409 East St, Colesburg Email submission is also welcome, bbolsinger@edge-cole.k12.ia.us Questions concerning position can be directed to Adam Meyer, Transportation Director, 563-928-6411

CONTINUOUS NOTICE OF NONDISCRIMINATION Code No. 102.E2

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March 20

1:30pm-3rd-6th grade Dress rehearsal @ Colesburg Gvm 7:00pm-3rd-6th grade Concert @ Colesburg Gym March 23 5:30pm - 7:15pm Preschool Registration @ Colesburg Last Name A-L 5:30pm-6:15pm Last Name M-Z 6:30pm-7:15pm March 24 4:30pm-HS Girls/Boys Track @ University of Dubuque March 27 All State Individual Speech @ UNI March 28 4:30pm-HS Girls/Boys Track @ West Delaware March 30-April 1 FBLA-SLC @ Des Moines



EDCO'S 2ND ANNUAL LEADERSHIP DAY!

May 5th, 2023 1:30 - 3:30 Edgewood Colesburg Elementary

Take a day off work and join us in learning how students are aspiring to be future leaders.

Come visit our school to see the Leader in Me habits in action! Visitors will learn the habits through a student led opening, attend one of our monthly school wide habit assemblies, visit multiple hosting classrooms to take part in the lessons with students, and finish with a student-led question & answer panel.

March 2023 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fruit and Milk will be Served daily with breakfast		1 Muffin K-12	2 Blueberry Crumble & Toast K-6 PBJ 7-12	3 Fruit & Yogurt Parfait K-12 Toast K-6
6 Mini Cinnis K-6 Poptart & Yogurt 7-12	7 Breakfast Pizza K-12	8 Sausage, Egg, Cheese Croissant K-12	9 Little Smokies & Toast K-6 Bagel 7-12	10 NO SCHOOL
13 Mini Donuts & Yogurt K-12	14 Long John & Yogurt K-12	15 Biscuits & Gravy K-6 Muffin 7-12	16 Breakfast Bites & Toast K-6 Bagel 7-12	17 NO SCHOOL
20 Waffles K-6 Cereal & String Cheese 7-12	21 Long John & Yogurt K-12	22 French Toast K-6 Muffin 7-12	23 Breakfast Pizza & Toast K-6 Bagel 7-12	24 Blueberry Crumble K-12 Toast 7-12
27 Poptart & Yogurt K-12	28 Mini Donuts & Yogurt K-12	29 Pancake Stick K-6 Muffin 7-12	30 Breakfast Pizza & Toast K-6 Bagel 7-12	31 Eggs & Toast K-6 PBJ 7-12
Meal Prices: Breakfast PK-12 \$1.60 Breakfast Adult \$2.10 Lunch PK-6 \$2.40 Lunch 7-12 \$2.60 Lunch Adult \$4.15	PBJ offered daily Grades 5-12 can choose a Chef Salad, Garden Salad Or Hoagie	1 Hamburger K-6 WG Bun K-6 Ham & Turkey Croissant 7-12 Baked Beans Peaches Alt. Dish: Stuffed Pepperoni	2 Chicken Nuggets WG Dinner Roll Mashed Potatoes/Gravy Green Beans Mandarin Oranges Alt. Main Dish: Hamburger	3 Cheese Filled Breadsticks Romaine Lettuce Cucumber Apple Slices Alternative Main Dish:
6	7	Sandwich	9	Meatball Sub
Super Nachos Corn Applesauce	Macaroni & Cheese WG Butter Sandwich Little Smokies Green Beans	o Hot Dog WG Bun Baked Beans Peaches & Pears	9 Rib Patty WG Bun Broccoli/Carrots Grapes	NO SCHOOL
Alternative Main Dish: Fish Square WG Bun	Mandarin Oranges Alternative Main Dish: Chicken Strips WG Butter Sandwich	Alternative Main Dish: Pizza	Alternative Meal: Grilled Cheese	
13 Chicken Strips WG Dinner Roll Green Beans Applesauce	14 Mandarin Orange Chicken WG Rice Broccoli Mandarin Oranges	15 Beef Fingers WG Butter Sandwich Baked Beans/Carrots Banana	16 Goulash Breadstick Corn Pears	17 NO SCHOOL
Alternative Main Dish: Sausage, Egg, Cheese Croissant	Alternative Main Dish: Brat/WG Hotdog Bun Animal Crackers	Alternative Main Dish: Chicken Quesadilla	Alternative Main Dish: Ham & Turkey Croissant	
20 Chicken Patty WG Bun Baked Beans Peaches Alternative Main Dish: Sloppy Joe's WG Bun	21 Pizza Romaine Lettuce Cherry Tomatoes Applesauce Alternative Main Dish: Fish Square WG Bun	22 Chicken & Noodles WG Dinner Roll Peas Banana Alternative Main Dish: Hotdog WG Bun Scooby Snacks	23 Walking Taco's Corn Watermelon Alternative Main Dish: Rib Patty WG Bun	24 Shrimp K-6 WG Dinner Roll K-6 Tomato Soup 7-12 Grilled Cheese 7-12 Celery Carrots Apple Slices Alternative Main Dish: Pork Fritter WG Bun
27 Chicken Wrap Corn Applesauce	28 Mini Corn Dogs Savory Carrots Mandarin Oranges	29 Hoagie Baked Beans Apple Slices	30 Meatball Sub Green Beans Peaches	31 Fish Shapes K-6 WG Dinner RollK-6 Fish Sandwich 7-12 Peas
Alternative Main Dish: BBQ Pork WG Bun	Alternative Main Dish: Pizza Crunchers	Alternative Main Dish: Hamburger WG Bun	Alternative Main Dish: Ham Patty WG Bun	Pears Alternative Main Dish: Breadsticks